



ORTHOPEDICS
AT OHIO VALLEY



IMPACT

JOINT REPLACEMENT PROGRAM

*DESIGNED WITH **YOU** IN MIND*

The IMPACT (*Individualized Management Plan Accentuating Collaborative Treatment*) program was designed for patients, and their families, who are having or considering a *total joint replacement surgery*.

Our goal is to provide a comfortable learning environment to alleviate anxiety and give you the education you need to succeed.

BEST QUALITY. BEST VALUE. BEST CHOICE.

OUR TEAM will be there to support you and answer your questions every step of the way, but we believe that **YOU** are the most important member of your healthcare team.

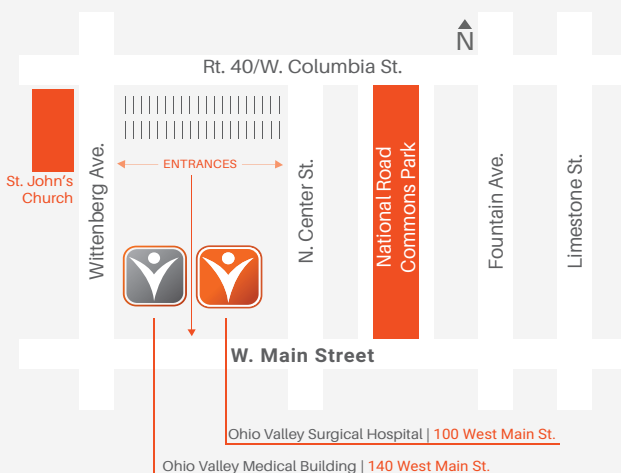
Joint Program Topics:

- What are the surgical risks, and how to reduce/modify those risks?
- How to prepare your body & home for surgery/recovery
- What to expect the day of your surgery
- Preoperative Physical Therapy - exercises you can do & when you should start
- Ohio Valley's approach to pain management
- More information about assistive devices & how to obtain equipment you might need

Your Joint Program team:

- Nurse Navigator
- Anesthesia Provider
- Discharge Planner
- Physical Therapy Provider

Classes are available weekly



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